

OFFICIAL NOTICE AND AGENDA

Notice is hereby given that the Parks and Recreation Committee of the City of Stoughton, Wisconsin will hold a regular or special meeting as indicated on the date, time and location given below.

Meeting of the: PARKS AND RECREATION COMMITTEE OF THE CITY OF STOUGHTON

Date /Time: Monday, April 17, 2014 @ 5:30 PM

Location: Hall of Fame Room (381 E. Main St., Stoughton WI 53589)

Members: Tricia Suess, Sonny Swangstu, Michael Engelberger, Donna Olson

CC: Attorney Matt Dregne, Department Heads, Stoughton Newspapers,

Pili Hougan, Debbie Blaney, Sarah Monette, John Lewis,

oregonobserver@wcinet.com, Council Members

* Note-For security reasons, the front doors of the City Hall building (including the elevator door) will be locked after 4:30 p.m. If you need to enter City Hall after that time, please use the entrance on the east side of City Hall (the planning department door). If you are physically challenged and are in need of the elevator or other assistance, please call 873-6677 prior to 4:30 p.m.

Item #	CALL TO ORDER
1	Elect Chair
2	Elect Vice-Chair
3	Call to Order
4	Approval of Minutes from March 19, 2014
5	Communications
Item #	OLD BUSINESS
6	Parks and Open Space Plan Update
7	SABA Agreement
Item #	NEW BUSINESS
8	Easement Request
9	Smoking in Parks Discussion
10	Youth Center Update
11	Projects Update Gazebo Musikk Sports Council Norse Shelter Fishing Pier Move

Community Garden Racetrack Parking Lot

12	Schedule Park	Tour

10 Future Agenda Items

ADJOURNMENT

PARKS AND RECREATION COMMITTEE MEETING MINUTES



Wednesday, March 19, 2014 5:30 PM Hall of Fame Room

Present: Alderpersons: Tricia Suess, Michael Engelberger, and Parks and Recreation Director

Tom Lynch Guests: Jon Lewis

1. Call to Order

By Suess at 5:40 PM

2. Approval of February 17, 2014 Minutes

Motion by Engelberger, seconded by Suess, to accept the minutes from February 17, 2014. Motion passed 2-0.

3. Communications

None

Old Business

4. Parks and Open Space Plan Update

The Parks and Open Space plan is nearly completed. The maps are finished, save for a couple changes. The plan will be completed and reviewed at the next meeting.

5. Park Reservation Policy

The committee reviewed the policy and suggested changes that include the addition of Stoughton Rotary Park and Norse Park as well as other changes to words and layout. There was discussion about the value of allowing glass bottles for the Gazebo events. In the end the committee decided to not push for a policy change in that area.

Motion by Engelberger, seconded by Suess, to recommend to Council to implement changes to the Park Reservation Policy/ Procedure Manual, that include the addition of Stoughton Rotary Park and Norse Park as well as other changes to words and layout.. Motion passed 2-0.

6 Riverbank Restoration

Lynch recommended returning the DNR grant that didn't address the bank restoration needs in Division St Park. The grant was for a trail along the river that doesn't make sense unless there is a connection from the park to the downtown. Lynch also recommended holding off this summer on the riverbank restoration pending a grant that is due next February. The grant initially was due on May 1, but was moved by the DNR. Karl Manthe feels that with better control of the river flow, there is less chance of erosion than in the past. He also recommends waiting and having a chance to supplement the cost with a grant.

Motion by Engelberger, seconded by Suess, to direct staff to return the DNR grant and hold off on the riverbank restoration until 2015. Motion passed 2-0.

New Business

7. Youth Center Update

Lynch presented the attendance for February and talked about upcoming changes in the Friends of the Stoughton Area Youth Center board. The focus will shift to more fund raising than construction and programming. Suess asked that expanded Saturday hours be discussed at the next FSAYC meeting.

8. Future Agenda Items
Parks and Open Space Plan
Contract with the Stoughton Area Baseball Association
2014 Projects Update

Motion made by Engelberger, seconded by Suess to adjourn the meeting at 6:45 PM. Motion passed 2-0

Athletic Facilities User Agreement

City of Stoughton –Stoughton Area Baseball Association, Inc

The City of Stoughton ("City") and Stoughton Area Baseball Association, Inc., ("SABA") agree as follows:

RECITALS

- A. The City has certain rights and obligations relating to the use of certain athletic fields and facilities owned by the Stoughton Area School District (the "SASD"), pursuant to an Agreement for Use of School Facilities between the City and the SASD dated April 7, 2008 (the "District Agreement"), a copy of which is attached as Attachment A. Among other things, the City has the right to authorize the use of certain athletic fields and facilities for recreational purposes.
- B. SABA wishes to use the athletic fields, bleachers, fencing, concessions, and restroom building located adjacent to the SASD high school building (the "Facilities"). The City wishes to authorized SABA to use the Facilities, but only in accordance with the terms and conditions of this Agreement.

AGREEMENT

- 1. *Use of Facilities*. SABA may use the Facilities for baseball games involving baseball programs affiliated with SABA (e.g., American Legion Baseball, VFW, Stoughton Merchants, Utica Baseball), or contracted with SABA, and that follow applicable terms and conditions of this Agreement. SABA may also operate all concession operations at the Facilities, determine the hours of concession operation, and retain all revenue generated from concession operations. Use of the Facilities shall be in accordance with this Agreement and in accordance with the terms and conditions applicable to the City under the District Agreement.
- 2. *Use Period*. SABA may use the Facilities during the time between the completion of the Stoughton High School boy's baseball season, and the opening of the following school term, subject however to the SASD's rights to use the Facilities under the District Agreement.
- 3. Advertising. SABA may advertise on the field side of outfield fences at Norse Park and Lowell Park during the use period. The City must approve the design, size and content before the signs are placed. The City is not responsible for the condition of the signs. The City may remove any sign that is in poor condition.

Revenue generated by the signs will be used to upgrade baseball fields in the City unless mutually agreed upon for another purpose.

4. SABA Obligations.

- A. SABA shall mow, water, and fertilize the athletic fields, and provide weed control for the athletic fields, in such manner as is approved by the City and the SASD. SABA shall abide by the field maintenance policies set forth by the SASD, attached as Attachment B.
- B. SABA shall ensure that no vehicular traffic occurs on non-paved parts of the Facilities except in the case of an emergency, or if the City provides prior consent.
- C. SABA shall enforce the no smoking/no tobacco products/no alcohol/drug free policy as adopted by the SASD's Board of Education.
- D. SABA shall follow the key and security guidelines established by SASD and the City.
- E. SABA shall coordinate with the City a plan to collect trash and litter regularly (e.g., once weekly) to keep the premises clean and orderly.
- F. SABA shall keep the field, dugouts, and restrooms clean and neat, maintain the restrooms in full compliance with all applicable health and safety standards, and ensure that the restrooms are adequately supplied.
- G. SABA may not materially alter the Facilities without prior written approval from the SASD. Routine maintenance shall not be considered as materially altering the Premises.
- H. SABA shall pay for any replacement of bulbs, fuses and similar parts of the basic light system (e.g., bulbs, fuses, etc.) at the Facilities. However, SABA shall not be responsible for significant repairs to the lighting system. SABA reserves the right to discontinue maintenance of the basic light system and, if that occurs, use the Premises only during daylight hours. The City reserves the right to move the lights to another facility if they are not needed at the high school.

5. General Provisions.

A. SABA shall neither make nor be held liable for making any structural repairs that become necessary to the structures on the Facilities such as the

restrooms, dugouts or any sub-structure contained within, seating stands, batting cages or protective fencing not owned by SABA.

- B. SABA shall indemnify and hold harmless the City from all suits, claims, damages and actions of any kind or nature arising directly or indirectly from use of the Facilities by SABA, users authorized by SABA, or SABA's agents, servants, employees, contractors, and suppliers.
- C. SABA shall secure and maintain, while this Agreement is effective, the following minimum insurance coverage, provided by insurance providers authorized to do business in the State of Wisconsin:
 - (1) Comprehensive general liability and property damage insurance in the following amounts:

Bodily injury- \$500,000 per occurrence

\$500,000 aggregate

Property damage- \$500,000 per occurrence

\$500,000 aggregate

(2) Umbrella - \$1,000,000

SABA shall provide certificates of insurance demonstrating that the above insurance requirements are being satisfied while this Agreement is in effect.

- D. The City shall pay the utility bills for the field lighting system and water use at the Facilities.
- 6. *Term and Termination*. The term of this Agreement shall begin upon completion of the Stoughton High School boy's baseball season, and shall continue until terminated as provided herein. This Agreement may be terminated by mutual agreement, or by either party giving 60 days written notice to the other party between the end of any SABA use period and the following April 1st. This Agreement shall also automatically terminate upon the termination of the agreement between the City and SASD regarding use of the Premises.

Dated this	_ day of	, 2014.	
CITY OF STOU	GHTON	STOUGHTON AREA BASEBA ASSOCIATION, INC.	.LL
Donna Olson, Ma	ayor	Paul Rosowski, President	
Attest:			
Maria Hougan, C	City Cler	k	
Attachments:	A: B:	District Agreement Baseball Field Polices	

AGREEMENT FOR USE OF SCHOOL FACILITIES

This agreement, made thi	is day	, 2008, by and between
Stoughton Area School District, h	nereinafter referred to as '	"District" and City of Stoughton,
hereinafter referred to as "City."		

RECITALS:

- A. The District owns certain athletic field, facilities and improvements (the "Premises") more particularly described as follows: the high school athletic field adjacent to the District's high school in Stoughton, Wisconsin, including bleachers, fencing, concessions, and restroom building; the ball diamonds and adjacent fields at Yahara School, Kegonsa School, and Fox Prairie School; and the parking lot at Kegonsa School.
- B. The City wishes to utilize the Premises during the summer months for recreational use by authorized user groups.
- C. The District and the City have the right and power to enter into this agreement pursuant to Sections 66.0301(2), 120.13(17) and 120.13(19), Wisconsin Statutes.

THEREFORE, for valuable consideration, the parties agree as follows:

- 1. <u>Use of Premises</u>. The District and City agree that the City shall, during the City Use Period (as hereinafter defined), have the right to use of the Premises for the purposes and subject to the conditions and limitations hereinafter set forth.
- 2. <u>Use Periods</u>. The annual period of use of the Premises by the City (the "City Use Period") shall commence on a date each spring (beginning in the spring of 2008) following completion of the District's high school baseball and softball seasons, and terminating on a date which is compatible with the opening of the school term (on or about September 1). The commencement and termination dates of the City Use Period shall be established annually during the term of this Agreement by the District's Board of Education.
- 3. <u>Conditions and Limitations on Use of Premises</u>. The City's right to utilize the Premises during the City Use Period shall be subject to the following conditions and limitations.
 - 3.1. Subject to the prior and primary right of the District to utilize the Premises for school-related activities as provided at Section 3.2 below, the City shall have the right to use the Premises during the City Use Period exclusively for City recreational purposes (including baseball). Other uses are prohibited unless prior written approval is given by the District Board of Education.
 - 3.2. The District shall have the prior and primary right of usage of the Premises during the City Use Period to conduct school-related activities. In the event the District wishes to schedule any such school-related activity during the City Use Period, the District shall give prior written notice to the City of the date and time of such activity. The District shall have the sole right of use of the grounds and facilities designated within said written notice during the indicated period of school-related use, and shall have sole responsibility to operate, manage and supervise such school-related activities during such period of District use.

3.3. During the City Use Period, the City shall:

- (a) Keep the Premises in as good a state of repair and maintenance as they are at the commencement of each City Use Period excepting reasonable wear and tear, damage by fire, tornado, windstorm or other acts of God or conditions on the premises which are directly attributable to use by the District for school-related purposes within the City Use Period.
- (b) Mow, fertilize and water the Premises to the extent needed or desired by the City for its authorized uses and purposes (beyond the level of maintenance provided by the District under the District's facility schedule).
 - (c) Insure no vehicular traffic on non-paved/playground surfaces.
 - (d) Pay for the cost of water and wastewater.
- (e) Without expense to the District, fully maintain the field lighting system at SHS Athletic Field sufficient for night baseball and pay the cost of electrical energy for such lighting, except that the District shall pay the cost of electricity for lighting the field whenever such lighting is used for a school-related activity. The Premises shall not be otherwise improved, altered, modified or materially changed by the City without written approval from the Director of Buildings and Grounds.
- (f) Not schedule or permit any activity on the Premises beyond 11:00 p.m. and no inning of ball shall start after 10:30 p.m.
- (g) Require user groups to pick up litter and trash and keep the field, dugouts, parking lot, and restrooms of the Premises clean and neat, maintain the restrooms in full compliance with all applicable health and safety standards and ensure that such restrooms are adequately supplied.
- (h) Perform routine maintenance and/or replacement of fencing, backstops and related equipment installed by the City.
- (i) Enforce the no smoking/no tobacco products/drug free policy as adopted by the District's Board of Education.
- 4. <u>Maintenance of Premises</u>. The District shall maintain and prepare SHS diamond #1, SHS diamond #2, and SHS diamond #3 during its spring usage period, and the City will do the same during the City Use Period.
- 5. <u>Inspection of Premises</u>. The parties shall, by their respective designated representative, jointly review and set forth in writing the conditions of the Premises, including fixtures and improvements, at the commencement and termination of each City Use Period and before and after each school-related use within the City Use Period so as to better assure proper performance of this Agreement by each party.

6. Insurance; Indemnification:

- 6.1. The City agrees to indemnify the District from any and all liability and damage done to the Premises and/or third party properties/residences resulting from use of the Premises by the City and its authorized user groups during the City Use Period.
- 6.2. The City shall maintain throughout the initial and renewal term a minimum of \$5,000,000 comprehensive, broad form, liability insurance, covering liability to any and all persons for personal injury and property damage during the City use period. The District shall be named as an additional insured on such liability insurance policy. Evidence of such coverage and the amount thereof shall be provided to and approved by the District prior to City Use Period of the Premises in each year.
- 7. <u>Authorized Representatives; Notices</u>. The authorized representative of the District for purposes of this Agreement shall be the Director of Buildings and Grounds. The authorized representative for the City for purposes of this Agreement shall be the Parks/Recreation Director. All notices and communications to be given to either party hereunder shall be given to the authorized representative of such party in writing by mail, personal delivery or email transmission in a reproducible form.

8. Removal of Lighting.

- 8.1. The City shall have the right to locate and relocate the field lighting and related equipment at the SHS Athletic Facility during the initial or renewal term of this Agreement.
- 8.2. The City may remove said field lighting and related equipment from the Premises and retain the same as City property during the initial or renewal term upon notice to the District as hereinbefore provided, or on termination at the end of initial or renewal term.
- 8.3. The City shall complete removal of the lighting system within 60 days following termination of this Agreement at the end of initial or renewal term or, in the event the City gives notice of intent to remove such lighting within the initial or renewal term, within 60 days after such notice is given to the District.
- 8.4. The field lighting system shall be installed, relocated and removed in a manner that eliminates all hazards to the safety of third parties including District students, employees, and the general public. The premises shall be promptly restored to the topography and condition predating the installation of such lighting with a grass surface.
- 9. <u>Term.</u> This Agreement shall terminate at the end of the City Use Period in 2012 if either party gives written notice of termination to the other on or prior to August 1, 2012. If such notice of termination is not timely given, then this Agreement shall continue and be automatically renewed upon the same terms and conditions for an additional term terminating at the end of the City Use Period in 2017. The City may also terminate this Agreement by giving written notice to the District between the end of any annual City Use Period and the following April 1 should the District's use of the Premises for school-related purposes be deemed by the

City to substantially interfere with the authorized City use of the Premises or if the City intends to remove the field lighting system from the Premises.

10. Miscellaneous.

- 10.1. This Agreement also recognizes that the District also uses the diamonds developed and maintained by the City.
- 10.2. This Agreement states the entire agreement of the parties with respect to the subject matter hereof. This Agreement shall not be amended except by written agreement signed by both parties hereto.

IN WITNESS WHEREOF, this Agreement is executed on behalf of the parties hereto pursuant to their authority and by their appropriate officers as of the day and year first above written.

STOUGHTON AREA SCHOOL DISTRICT

BY:	
	School Board President
BY:	
	School District Clerk
CITY	OF STOUGHTON
BY:	
	Mayor
BY:	
	Clerk

Baseball Field Policies

Before Game/Practice

- Check condition of field and surrounding facility before event to analyze current condition
- Drag with mower around infield in a circular pattern working from outfield grass in towards infield
- Use hand rakes up and down base lines, not across base lines
- Use hand rakes in a circular pattern around mound and home plate

During Game/Practice

- Keep the best interest of the field/facility when running drills or competing Examples but not limited to:
 - Mats in batter's box when taking batting practice on field
 - Mats on grass where batting practice will be thrown from
 - Keep mound covered unless it is in use
 - Do not hit balls against fences
 - Stay off areas that may not be suitable for play due to weather or other factors

After Game/Practice

- Remove all equipment from field and return to proper place in storage shed
- When storing items make sure there is easy access to all equipment and make sure there is nothing blocking doors of the shed
- Clean up both dugouts and remove anything left behind including clothing, equipment, and garbage.
- Remove bases from field and place plugs into the base
- Drag with mower around infield in a circular pattern working from outfield grass in towards infield
- Use hand rakes up and down base lines, not across base lines
- Use hand rakes in a circular pattern around mound and home plate, replace any holes that may need to be filled
- Make a round the entire facility checking for items left behind or things that may need to be returned to previous condition
- If there is anything that needs to be restocked or repaired let the appropriate people know at the earliest convenience:

Stoughton Athletic Office during school year

City of Stoughton outside of the school year

- Lock all sheds and fences before you leave the field

Rodney,

I have attached a sketch of the proposed site, which has been reduced to a 12′ x 8′ easement area. (The sketch shows the dimensions for the current cabinet that is on the site.) A new Vrad cabinet would be placed to provide fiber optic service to the neighborhood area. The cabinet would measure 50″W x 56.5″D x 48″H and would be mounted on a concrete pad. The remainder of the easement area would be grass. The brush within the easement area would be removed and a retaining wall, as needed, would be constructed with landscaping timber. AT&T is offering \$500.00 for the easement.

Thank you for your assistance,

Bob Rogers | Property Acquisition Agent

Mi-Tech Services Inc.

Bob,

Please provide a dimensioned blow sketch of the existing infrastructure and proposed easement location. Include any shrub removal, grading, landscaping that is proposed as well as any monetary offer for the easement.

Thanks.

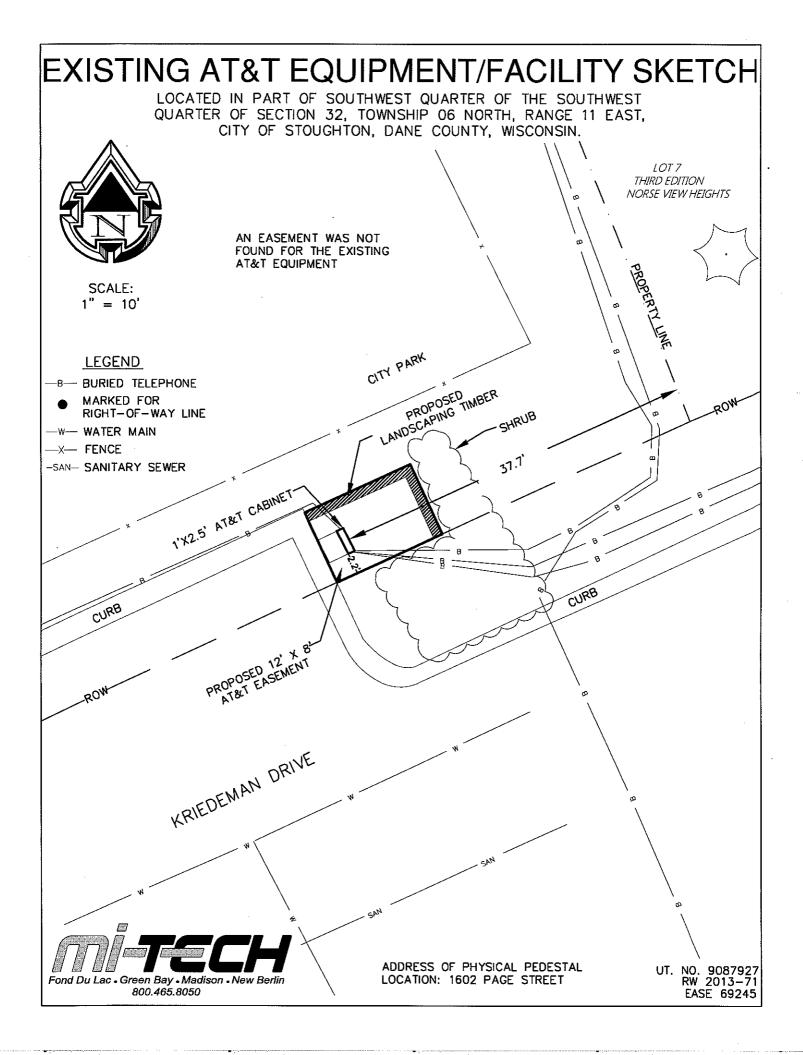
Rodney Scheel City of Stoughton

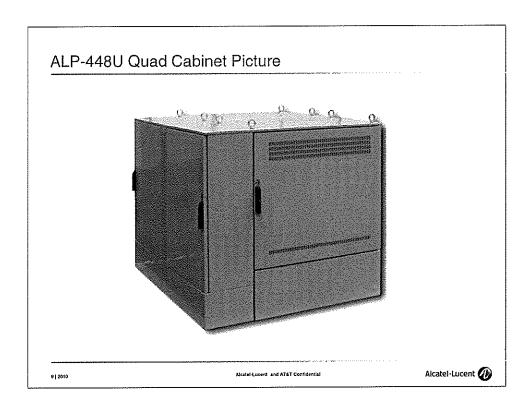
AT&T – Wisconsin would like to acquire a 10 ft x 12 ft easement on Kriedman Drive to place of a Vrad cabinet to provide fiber optic service to the area. The cabinet would measure about 50° W x 56.5° D x 48° H. I have included a picture of the proposed Vrad cabinet, a sketch of the current facilities and pictures of the current location/cabinet.

Thank you for your assistance.

Bob Rogers | Property Acquisition Agent

Mi-Tech Services Inc.









From: Sylvia Lawrence [mailto:sylviakaylawrence123@gmail.com]

Sent: Monday, March 31, 2014 12:06 PM

To: Karl Manthe

Subject: smoking ordinance in parks

Hi Karl,

I hope you had a great weekend and enjoyed the weather! Felix and I spent some time at Veteran's Park, but had to leave because he kept trying to pick up cigarette butts. It reminded me of last summer. Some parents sat on the bench and chain smoked while their children played. I began to pay attention, unfortunately it's not uncommon for people to smoke at the playground. I am not anti smoking at all, but I am against exposing children to the dangers of secondhand smoke. I am wondering if the city has considered adopting an ordinance banning smoking in public parks? It seems pretty reasonable to me to protect our children, especially if smoking is banned at schools, the capitol, and local bars and restaurants.

Here is a link to the Wisconsin's Statewide Smoke-Free Air Law State Statute 101.123, Wisconsin Act 12. I think the <u>Limits on local authority to regulate smoking</u> is of importance. It states, "Local authorities (city, county, village, towns) may further restrict outside smoking on public properties such as parks, fairgrounds, and the like. Local authorities may not define the term reasonable distance or set any set number of feet as being a reasonable distance. Restaurants, taverns, private clubs, and retail establishments may designate an outside area a reasonable distance from the main/front entrance where people can smoke."

http://wibettersmokefree.com/resources/fact_sheet.pdf

I'm curious to hear your thoughts. Maybe this should be discussed at a public works meeting? I should also mention, I'm not representing Naturally Stoughton here, just a mom who wants to be able to use our parks, but can't share space with cigarette smoke. Thanks Karl, talk with you soon,

Sylvia Lawrence

"The evidence is anecdotal now, but in D.C., where 40 percent of children over the age of 8 are obese...we have to give clinicians—and ultimately families—something concrete to do about it."

Prescriptions or Scholarships?

In Oregon, where another park prescription pilot program recently concluded, Oregon State Parks outdoor recreation planner Terry Bergerson offers a cautiously optimistic perspective. The initiative found support in the Portland area, Bergerson says, because "the physical inactivity crisis was one of the top statewide issues in the 2008 Oregon Statewide Comprehensive Outdoor Recreation Plan...[and] one of the recommendations was to look at park prescriptions."

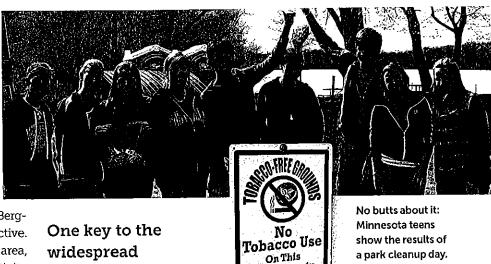
Inspired by a New Zealand "green prescriptions" program, a 20-member group of recreation providers, health care administrators, pediatricians, and health program researchers developed a plan to target physically inactive Portland-area youth, ages 6 to 12, during well visits with their pediatricians. The ultimate goal of the Oregon park prescription plan was to encourage sign-ups for such recreational programs as swimming, dancing, or martial arts.

"It's easier said than done," Bergerson admits. Even though physicians' prescriptions were sent to a park and recreation provider—who then followed up with a welcome phone call—resulting sign-ups were lower than expected.

Bergerson believes program costs created obstacles for some families. Other difficulties may have included unfamiliarity with the concept and language barriers. An unusual doctor's prescription, followed up by a phone call from a stranger, "might have led to some confusion and sort of a feeling of being singled out," especially for non-English-speaking parents.

Despite the hurdles that have come with the program's newness and bare-bones funding, Bergerson says he's never worked on a project "that had more excitement and more potential" than this pilot that spanned three park districts and linked parks and doctors in unprecedented ways. He hopes to see future versions of the program modeled more on scholarships, though, than on prescriptions:

"These families don't have a lot of extra income. It'd be different if there were some funded programs doctors could send patients to."



Park Property

One key to the widespread public support has been the leadership of youth in the tobacco-free movement.

Tobacco-Free Parks Set a New Norm

Tobacco-free parks made headlines last year when New York City Mayor Michael Bloomberg signed legislation making all of the city's parks, beaches, and pedestrian plazas smoke-free. While

that blast of media attention (and the resulting controversy) created a new national awareness of the issue, the tobacco-free parks movement has been gaining momentum for well over a decade. And most of its successes have come not from sweeping legislation like Mayor Bloomberg's, but from gradual consensus-building within communities.

In Minnesota, for example, where the first parks went smoke-free nearly 20 years ago, 150 communities statewide now boast tobacco-free parks. As Emily Anderson, program coordinator for the Minnesota nonprofit Tobacco-Free Youth Recreation (TFYR), points out, the majority of those communities have adopted policies—not ordinances enforceable by fines. (In some states, localities have no authority to pass ordinances banning smoking in public places. In those states, patient efforts toward local policy consensus is really the only option for achieving smoke-free parks.)

"The driving force behind a policy is really community enforcement, setting a new norm within the community that makes citizens kind of reach out to one another and say, 'You, know this isn't allowed here," Anderson explains. "Tobacco use is not normal in the parks."

Typically, those policy changes result when residents, local health advocates, TFYR members, and park employees cooperate in raising public awareness on widely approved tobacco-related issues.

First among those points of consensus, she says, is that secondhand smoke is harmful to everyone. Second is that cigarette litter comes with high costs—both in dollars and in environmental and safety hazards. Finally, there is the issue of providing healthy role models for children—and breaking the advertising-fueled connection between sporting events and tobacco use.

Most Minnesota communities that have adopted smoke-free parks report high levels of public cooperation, much to the relief of park directors who expressed concerns about enforcement difficulties, Anderson says. In fact, 70 percent of the state's population supports tobacco bans in public parks.

One key to the widespread public support has been the leadership of youth in the tobacco-free movement. Anderson recounts youth-led cleanups that have culminated in park displays featuring enormous jars of cigarette litter. Communities can agree that the gallons and gallons of discarded butts have no place in parks—and that their youngest members shouldn't have to demonstrate that point.

Community Walking Programs Gain Speed

"Couch potatoes can do this. The only requirement is that you can stand for 10 minutes without pain."

This is how Jeannine Galloway of the Arthritis Foundation describes the criteria for her

organization's program to get arthritis sufferers of all fitness levels out walking. "Walk with Ease," like other structured walking programs sponsored by such national nonprofits as the American Heart Association and the American

Association of Retired Persons, centers on inclusiveness, consistency, social interaction, and the celebration of small fitness gains.

The many health benefits of walking are certainly not new discoveries. Parks have long offered community-based walking programs, and building and connecting trails and greenways have become top priorities for regional planning



boards throughout the country. Moreover, walking has been on the rise among Americans. According to the U.S. Centers for Disease Control and Prevention, the percentage of people who report walking at least once for 10 minutes or more in the previous week rose from 56 percent in 2005 to 62 percent in 2010.

What programs like the Arthritis Foundation's Walk with Ease initiative provide that localities cannot is investments in nationwide program development, commissioned research, member education, and best practices insights. Furthermore, nonprofits specializing in a particular type of chronic illness provide programs designed for people suffering with disease-specific limitations.

In Walk with Ease, six-week group classes led by certified instructors include discussion topics relevant to arthritis management. An individual program is also available in the form of a workbook that guides participants through the walking plan. Because the program depends on safe, convenient walking routes, the Arthritis Foundation is eager to partner with park systems and workplaces.

Galloway says the content and strategies are based on research and tested programs in exercise science, behavior change, and arthritis management. And studies among program participants

TREND



STOUGHTON YOUTH CENTER ATTENDANCE



																					Mon.	2013	Mon.
MON																							
	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	UD	UD	Fem
Jan	672	1030	926	852	343	297	376	616	442	442	617	665	605	532	389	554	272	690	437	561	45	45	310
Feb	571	1054	973	856	495	368	514	657	545	717	774	668	516	486	430	610	275	642	287	647	55	11	372
Mar	639	1014	999	764	706	552	945	657	625	709	785	659	512	492	527	681	560	675	364	547	42	7	255
April	983	1119	951	975	932	328	599	564	661	935	608	530	671	564	561	595	345	502	484				
May	874	1072	874	967	533	487	653	525	537	921	596	416	654	562	448	510	362	555	523				
June	442	1020	720	834	796	728	605	465	504	678	511	386	407	419	403	84	161	302	389				
July	618	1099	690	901	707	543	615	577	602	649	654	416	532	440	304	44	228	284	439				
Aug	442	673	892	823	605	650	931	774	550	835	546	594	567	411	400	105	214	343	427				
Sept	1043	1096	945	1012	449	329	810	823	354	507	532	564	469	360	465	210	478	476	497				
Oct	1144	1734	1420	898	510	493	691	792	496	783	486	586	521	225	510	185	731	635	519				
Nov	807	1292	910	390	525	295	347	580	303	698	672	672	576	255	551	50	701	496	487				
Dec	840	922	595	417	321	288	362	483	350	978	696	419	378	344	515	268	624	489	346				
TOT.	9075	13125	10895	9689	6922	5358	7448	7513	5969	8852	7477	6575	6408	5090	5503	3896	4951	6089	5199		142	63	937

Und	1386	1289	1237	921	841	1718	1351	895	598	302	306	259	251	265	238	442	312	234
Fem										695	1459	1910	1788	2002	1105	2060	2607	2285

Gazebo Musika

Stoughton Rotary Park Gazebo Summer Music Series

Pack a picnic supper and come enjoy these family-friendly music events.

Stoughton Rotary Park, next to the Fire Station

Schedule 2014:

Thursdays, 6 – 7:30 pm

June 5 June 19 July 3 July 17
July 31

August 14

August 28



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Sponsors

Stoughton Rotary Club	Thor Anderson	873-7277	drthor@thorandersondds.com
Coldwell Banker Success	Peter Sveum	873-7731	pasveum@cbsuccess.com
Zelm Chiropractic	Alan Zelm	873-8113	
Cummins	Darcy Prokopec	877-3861	darcy.prokopec@cummins.com
Edward Jones	Tom Fendrick	873-8502	Thomas.fendrick@edwardjones.com
McFarland State Bank	Ann Marie Olson	877-7755	aolson@msbonline.com

Chalet Travel (Checking but not committed)

Universal Silencer- interested

Gunderson Funeral Home –interested

Diamonds Direct- interested

Date	Entertainment	Sponsor
June 5	Stoughton Area Jazz Collective	Stoughton Rotary Club
June 19	Ryan Casey	Cummins
July 3	(Opera House)	
July 4	Second Swing Around, (Veteran's Park)	
July 17	Brett Peterson	
July 31		
August 14	Paul Otteson	
August 28	Mike McCloskey	

