

## **COMMISSION ON AGING MEETING MINUTES**

**Tuesday, December 1, 2015**

**Stoughton Room, Stoughton Area Senior Center**

**Present:** Robert Barnett, Sid Boersma, Kay Davis, Rosalind Gausman, Lou Havlik, Nan Hoffman, Ron Jensen, Jeanne Schwass-Long, David Sharpe, Charlotte Snow, Betty Thompson

**Staff Present:** Cindy McGlynn, Hollee Camacho

**Absent & Excused:** David Bacon, Don Mix, Mary Onsager

**Call to order:** J. Schwass-Long called the meeting to order at 11:00 AM.

**November Minutes:** R. Barnett noted typos to be changed. Moved by S. Boersma seconded by N. Hoffman to approve with noted updates; passed unanimously.

**Introductions:** C. McGlynn again welcomed new COA members Bob Barnett, Roz Gausman, and Lou Havlik. It is great to have new people and ideas; so jump in!

**Director Comments:** Cindy McGlynn

- The City Budget was approved. Included in the budget was an increase in the wages of fifteen City employees who were displayed as below the suggested minimum pay scale through a compensation study. Beginning in 2017 raises will be based on performance evaluations.
- The City is beginning a Comprehensive Plan. To keep the needs of our aging population in mind, Cindy has requested that the Senior Center be a part of the planning.
- Our kitchen needed a new steam table. Luckily donated funds were able to cover the cost.
- Senior Center upcoming activities:
  - Dec. 2: Help St. Ann's 2<sup>nd</sup> graders decorate cookies and our tree!
  - Dec. 8: Madrigal Dinner Show
  - Dec. 10 & every 2<sup>nd</sup> Tuesday: Dementia Caregiver Support Group
- We are continuing to pursue strategies for a Dementia-Friendly Community. In addition to the Dementia Caregiver Support Group we are also in search of another volunteer to help facilitate a Memory Café to offer a peer group for individuals with a memory loss diagnosis. We often receive referrals from area businesses with concerns of their patrons (a benefit of being a smaller community). However, we would also like to ultimately be a training source for local businesses, perhaps via a YouTube video to share with employees.
- The County increased funding to the senior nutrition and case management programs; a total of about \$13,000 to be used among 16 focal groups.
- Case Managers continue to be swamped with referrals for Medicare Part D assistance. Choices are becoming more difficult now that Dean Gold is out of the equation. While many clients would like it, the case managers will not choose plans for clients. They will help clients review the pros and cons of various plans, but won't give recommendations.
- Hollee has re-started billing for Medical Assistance (MA) Case Management this year. We stopped in 2010 because we had so few MA clients to merit the reporting time. Jan.-Sept. 2015 payments has already brought in over \$3,000; a 67% increase from all of 2010 pmts.

- The Volunteer/Program position is no longer being advertised. We will be finished receiving applications by the end of the week and hope to begin interviewing by Dec. 14.
- We are getting much closer to our year-end fundraising goal!
- The Viking Brew Pub is interested in partnering with us for a Senior Center fundraiser!

### **Strategic Plan**

- Cindy will be emailing some potential dates for an ad hoc committee to put together this year's focus group questions.
- She will also email a short paragraph describing a focus group for recruiting purposes.
- **Please submit your suggestions for people to invite to the following focus groups:**  
1) human services, 2) local business and schools, 3) City and Town government, 4) general public, 5) faith community. Each group will meet only once for 2 hours; food is provided.

### **Legislative Update:**

- S. Boersma cited an article in WI State Journal last week that discussed how two Social Security filing strategies – the Restricted Application and Voluntary Suspension – are no longer options for people born after Jan. 2, 1954. The article has been shared with Senior Center staff and is attached.

### **COMMITTEE MEETING REPORTS: None**

Future work for COA Committees will be coming from our Strategic Plan.

Reminder of ways to help people less fortunate this year:

- Stoughton Holiday Fund: Income-eligible individuals and families receive gifts and foods, referral forms were due Dec. 1 to City Hall.
- Host a Family: give gifts or monetary donations to a family in need; an article with contact details will be in this week's Courier Hub.
- Elves for Elders: led by High School Senate to support seniors identified by Senior Center Case Managers who are in need of Christmas cheer. See the tree display at Asleson's Hardware for details.

**Meeting Adjourned:** Moved D. Sharpe, seconded by R. Gausman to adjourn the meeting. Carried unanimously. Meeting adjourned at 11:45 AM

**Next Meeting: Tuesday, January 5, 11:00 AM**