#### **COMMISSION ON AGING MEETING MINUTES**

# Tuesday, February 2, 2016 Stoughton Room, Stoughton Area Senior Center

**<u>Present</u>**: Sid Boersma, Ros Gausman, Lou Havlik, Nan Hoffman, Ron Jensen, Don Mix,

Mary Onsager, Jeanne Schwass-Long, Charlotte Snow, Betty Thompson

**Staff Present:** Cindy McGlynn, Hollee Camacho

Absent & Excused: Bob Barnett, David Bacon, David Sharpe

<u>Call to order</u>: J. Schwass-Long called the meeting to order at 11:00 AM.

January Minutes: Once a couple typos were noted it was moved by R. Gausman, and

seconded by N.Hoffman to approve; passed unanimously.

## **Director Comments**: Cindy McGlynn

- Introduced our new Program/Volunteer Coordinator, Tricia Nicoll. She's already put in a good couple of weeks and we are so happy to have her here. She will be working full-days Mondays and Thursdays, and half-days Tuesdays and Fridays. COA members are encouraged to share their program and volunteer ideas with her.
- Due to an increase in mental health cases, Cindy is working with the City of Stoughton to offer a mental health workshop to train City staff. The concern of how to better attend to residents in need of mental health services was also discussed in a meeting Cindy had with County Board Supervisor Joe Parisi, Mayor Olson, Stoughton Police, EMS and School representatives. While there is no funding available, Joe Parisi agreed it is a real concern for the entire County. It was requested that Stoughton be considered for new initiatives or pilot projects that address mental health issues. Cindy explained, in the past people in the community were able to keep an eye on people who were struggling with mental health issues. Unfortunately, the current and projected needs of these cases are increasing and the ways of serving them are becoming more complex.
- Another rising concern is affordable preventative dental care. Some of the most
  costly requests from the Seniors in Need Committee is for help with paying dental
  bills. We are finding many seniors who have not kept up with regular dental care for
  many years are now being faced with thousands of dollars worth of dental work.
  Some dentists have expressed interest in providing low-cost preventative dental
  exams or cleanings if a location can be determined.
- Cindy noted that Hollee has kitchen duty and so will need to leave the meeting early.

## Strategic Plan: Focus Groups

- The group determined dates to hold the four focus group meetings, and who will facilitate (underlined below) each one. All meetings will be from 6:00-8:00 PM.
  - o Tues. March 8 -General Public, L. Havlik & N. Hoffman
  - o Tues. March 15 -City and Town Government, J. Schwass-Long & R. Gausman
  - o Tues. March 29 -Human Services, C. Snow & TBD
  - o Tues. April 5 -Local Business & Schools, B. Barnett & TBD
- All focus group facilitators are asked to attend a meeting on <a href="https://example.com/Thursday">Thursday</a>, <a href="february">February</a></a>
  <a href="mailto:25 from 9:00-11:00 AM">25 from 9:00-11:00 AM</a> at the Senior Center.

- The group also discussed meal options and decided to have soup and sandwiches catered.
- Cindy will call to personally invite all individuals that were recommended to her by COA members. The group reviewed a description to be used for emailing to a compiled list of other community members.

**Legislative Update:** none

## **COMMITTEE REPORTS**:

## **Program**: Mary Onsager

The group met this morning to meet and help orientate Tricia Nicoll on how the Committee may assist her. The group discussed programming ideas for better reaching the younger-older population. She appears to have great experience and will make a nice addition to the Center!

No other committees will meet until after the completion of the Strategic Plan.

<u>Meeting Adjourned</u>: Moved by Mary Onsager, seconded by Lou Havlik to adjourn the meeting. Carried unanimously. Meeting adjourned at 11:35.

Next Meeting: Tuesday, March 1 at 11:00 a.m