

COMMISSION ON AGING MEETING MINUTES
Tuesday, April 5, 2016
Stoughton Room, Stoughton Area Senior Center

Present: Sid Boersma, Lou Havlik, Nan Hoffman, Don Mix, Mary Onsager, Charlotte Snow, Betty Thompson

Staff Present: Cindy McGlynn, Hollee Camacho

Absent & Excused: Bob Barnett, David Bacon, Ros Gausman, Ron Jensen, Jeanne Schwass-Long, David Sharpe

Call to order: C. McGlynn called the meeting to order at 11:05 AM.

February Minutes: Moved by S. Boersma, and seconded by N.Hoffman to approve; passed unanimously. (March meeting was canceled due to weather)

Director Comments: Cindy McGlynn

- Encouraged all to attend the Volunteer Week events: sign-up for free chair massages, pancake breakfast, and other scheduled events. We appreciate the time and service you provide us and hope you can attend.
- The Stoughton Area Guide for Senior Services, 2015 Annual Report and breakdown of our service statistics by city and the surrounding towns are now complete. They have been emailed to COA, City Council and Towns, are available on our website and for pickup at the Senior Center.
- At our May COA meeting we will be holding our elections for Chair and Vice Chair. We will also be refiguring our standing committee membership. Hollee will email the COA Bylaws with the committee descriptions. Please review and bring your preference(s) for which committee(s) you would like to serve on to the meeting.

COA Self-Evaluation Survey: Cindy McGlynn

- Distributed the survey and responses of the COA's November 2014 self-evaluation.
- If there is anything you would like to add or change about the survey, please call or email Hollee before our next meeting as we will be asking the group to re-evaluate.

Syttende Mai

- Discussed how Syttende Mai weekend was handled in past years and whether there are any COA members willing to secure the building for this year's parades.
- No COA members in attendance expressed interest due to unavailability and not wanting the responsibility.
- Due to the current reactions, Cindy will be posting flyers that the Center will not be open during Syttende Mai.
- S. Boersma mentioned that K. Davis was the one who spear-headed the idea of having COA members volunteer last year. If she would be interested, Cindy would have to check with the City if it is okay since she is no longer on COA.

Strategic Plan: Focus Groups

- The focus groups have been going well. The final one is tonight at 6pm with school and community business leaders. Any COA member is welcome to come.

- All notes from the groups will be compiled and shared with all participants, then used to identify the issues/challenges to focus on in our 5-year Strategic Plan.
- These issues and challenges will serve the basis for the COA ad hoc Committee to generate and prioritize specific actions to reach our goals for the Senior Center.

Legislative Update: Remember to vote today!

Final remarks:

- S. Boersma noted that the Mayor makes her appointments for annual committee appointments for City Council Members in April. S. Boersma is requesting COA.
- S. Boersma noted we should have formal fundraisers for camaraderie, fun, to build public awareness and raise money.
- Discussed the age stigma many have with the Senior Center. Questioned whether changing the name would make a difference. S. Boersma mentioned how an education-focused community center has come up in discussion about one of the possible uses of the 1892 building.
- Talked about lack of space, staff capacity and funding issues that arise when trying to provide more after hours (weekend and evening) programming at the Center.
- L. Havlik noted the Center serves people in a much wider age span in comparison to schools.
- The Senior Center provides “prevention services” (i.e. case management, nutrition, socialization) which keeps individuals out of nursing homes longer, and shopping and volunteering in town, plus saves the City in potential emergency services.
- C. McGlynn note that is the goal of our Strategic Plan to review items like these (above) and to come up with priorities and a variety of options for addressing them.
- M. Onsager shared that the River Bluff Stoughton resident interviews will be in early June. Contact her if you know anyone who grew up in Stoughton that might want to participate.

COMMITTEE REPORTS:

No committees will meet until after the completion of the Strategic Plan.

Meeting Adjourned: Moved by M.Onsager, seconded by N. Hoffman adjourn the meeting. Carried unanimously. Meeting adjourned at 12:05.

Next Meeting: Tuesday, May 3 at 11:00 a.m